

Name of Student:	
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**Defining Individual Learning Objectives**

<b>Criteria</b>	<b>Explanation</b>	<b>Your Individual Learning Objective</b>
Specific	What exactly do you aim to achieve? Define in as much detail as possible:	
Measurable	How will you know if you have reached your goal and how successful you were?	
Achievable	List the resources you think you need in order to achieve your goal:	
Realistic & Relevant	What change are you hoping to affect by reaching your goal?	
Timed	When will each step be completed? Break the overall goal into smaller steps and assign a due date to each step:	

